

<b>PASTRY</b>			
<b>PREMIER RANGE FROZEN</b>			
179360	PREMIER S&K ROUND WR	12	£0.77
179388	PREMIER S&K ROUND U/W	12	£0.76
179396	PREMIER STEAK ROUND WR	12	£0.77
179400	PREMIER STEAK ROUND U/W	12	£0.76
179418	PREMIER MBO ROUND WR	12	£0.77
179426	PREMIER MBO ROUND U/W	12	£0.76
179434	PREMIER CHICKEN BALTI ROUND WR	12	£0.77
179442	PREMIER CHICKEN BALTI ROUND U/W	12	£0.76
179450	PREMIER C&M ROUND WR	12	£0.77
179469	PREMIER C&M ROUND U/W	12	£0.76
160032	PREMIER CORNISH WR	6	£0.71
148822	PREMIER SAUSAGE ROLLS WR	12	£0.59
193435	PREMIER PORK S/ROLL WR (OVEN)	12	£0.59
193052	PREMIER CORNISH U/W	6	£0.69
193060	PREMIER PORK S/ROLL U/W	12	£0.57
192781	PREMIER STEAK & BRAINS ALE WR	12	£0.79
192790	PREMIER STEAK & BRAINS ALE U/W	12	£0.77
192749	PREMIER STEAK & ALE PIE U/W	12	£0.77
193591	PREMIER STEAK & ALE PIE WR (PLAIN WRAP)	12	£0.79
<b>PREMIER RANGE CHILLED</b>			
174343	PREMIER C&M WR	12	£0.77
174350	PREMIER MBO WR	12	£0.77
174369	PREMIER S&K WR	12	£0.77
174378	PREMIER CORNISH WR	12	£0.71
174386	PREMIER SAUSAGE ROLLS WR	12	£0.59
174939	PREM CHIC BALTI WR X 12	12	£0.77
174947	PREM STEAK PIE WRX12	12	£0.77
174880	PREMIER S&K U/W	12	£0.76
174891	PREMIER MBO U/W	12	£0.76
174902	PREMIER C&M U/W	12	£0.76
174912	PREMIER CORNISH U/W	12	£0.69
174920	PREMIER SAUSAGE ROLLS U/W	12	£0.54
192730	PREMIER CHICKEN CURRY U/W	12	£0.76
192722	PREMIER STEAK PIE U/W	12	£0.76
192765	PREMIER STK & BRAINS ALE PIE WR	12	£0.79
192773	PREMIER STK & BRAINS ALE PIE U/W	12	£0.77
192510	PREMIER PORK SAUSAGE ROLL WR	12	£0.59
192552	PREMIER PORK SAUSAGE ROLL UW	12	£0.57
193427	PREMIER PORK S/ROLL WR (OVEN)	12	£0.59
192528	PREMIER PORK & PICKLE ROLL WR	12	£0.62
192560	PREMIER PORK & PICKLE ROLL UW	12	£0.61
192536	PREMIER 3 CHEESE ROLL WR	12	£0.62
192579	PREMIER 3 CHEESE ROLL U/W	12	£0.61
192544	PREMIER ARMADILLO CORNISH WR	12	£0.71
193575	PREM 3 CHSE/ROLL HP WRX12	12	£0.62
<b>PETERS RANGE</b>			
100056	STEAK & KIDNEY OVAL U/W	24	£0.68
100064	STEAK & KIDNEY OVAL WRAP	24	£0.69
102490	CHICKEN & MUSHROOM OVAL U/W	24	£0.70
101788	CHICKEN & MUSHROOM OVAL WRAP	24	£0.71
100188	MINCED BEEF & ONION OVAL U/W	24	£0.62
100196	MINCED BEEF & ONION OVAL WRAP	24	£0.64
100269	TRADITIONAL CORNISH PASTY U/W	24	£0.64
100277	TRADITIONAL CORNISH PASTY WRAP	24	£0.66
100285	CORNED BEEF PASTY U/W	24	£0.53
100293	CORNED BEEF PASTY WRAP	24	£0.54
101249	'MINI' CORNED BEEF PASTY U/W	30	£0.33
102407	CHICKEN PASTY WRAP	24	£0.65

102415	CHEESE & ONION PASTY U/W	24	£0.61
100463	CHEESE & ONION PASTY WRAP	24	£0.63
187860	STEAK & ONION SLICE WRAP	12	£0.72
187836	HAM & CHEESE SLICE WRAP	12	£0.65
187844	SAUSAGE & BAKED BEAN SLICE WRAP	12	£0.65
187852	CHICKEN TIKKA SLICE WRAP	12	£0.72
106089	SAUSAGE ROLL GIANT U/W	24	£0.56
106097	SAUSAGE ROLL GIANT WRAP	24	£0.57
172863	LAMB PATTIE CHILLED WRAP	12	£0.73
172839	VEGETABLE PATTIE CHILLED WRAP	12	£0.71
172847	CHICKEN PATTIE CHILLED WRAP	12	£0.76
172928	SALTFISH PATTIE CHILLED WRAP	12	£0.76
172820	BEEF PATTIE CHILLED WR	12	£0.71
172898	HALAL LAMB CHILLED WRAP	12	£0.73
172855	HALAL CHICKEN PATTIE CHILLED WRAP	12	£0.76
105996	MINCED BEEF & ONION BOAT PIES U/W	20	£0.56
100536	SNACK SAUSAGE ROLL	50	£0.24
104108	C&C Cornish Pasty U/W x12	1	£7.20
104140	C&C Giant S/Roll U/W x20	1	£10.31
105600	PFS C/BEEF PASTY WR x12	12	£0.54
105937	PFS CHICKEN PASTY WR X12	12	£0.65
107743	Cornish Pasty Wr x 12	12	£0.66
107786	PFS CHEESE&ONION WRX12	12	£0.63
159638	GIANT S/ROLLS WR X 12	12	£0.57
175668	PFS OVAL MBO WR X 12	12	£0.64
175676	OVAL STEAK & KID WR X 12	12	£0.69
175684	PFS OVAL C&M PIE WR X 12	12	£0.71
192161	CHILLED MEAT & POTATO PIE WRAPPED	12	£0.62
192188	CHLD MEAT&POT PIE UWX12	12	£0.61
192170	FROZEN MEAT & POTATO PIE WRAPPED	12	£0.62
	<b>MISCELLANEOUS</b>		
161845	FAGGOTS x 6	12	£1.39
161853	FROZEN FAGGOTS 12X6	12	£1.39
193729	CHILLED FAGGOTS 3X16	3	£3.78
174203	FROZEN FAGGOTS 3X16	3	£3.41
158968	PFS RISSOLES U/W x 12	12	£4.23
142999	SCOTCH EGGS WRAPPED	12	£0.51
189896	SNACK SCOTCH EGGS 8X6	8	£0.76
153532	PORK PIES WR	12	£0.46
173037	SNACK PORK PIES 12X2	12	£0.93
	<b>PETERS RANGE FROZEN</b>		
170712	JAMAICAN PATTIE WRAP	24	£0.67
175293	LAMB PATTIE WRAP	24	£0.69
107867	VEGETABLE PATTIE WRAP	24	£0.67
189308	CHICKEN PATTIE WRAP	24	£0.73
189316	SALTFISH PATTIE WRAP	24	£0.73
171875	HALAL BEEF PATTIE WRAP	24	£0.67
187518	HALAL LAMB PATTIE WRAP	24	£0.69
187526	HALAL CHICKEN PATTIE WRAP	24	£0.73
	<b>FROZEN SAUSAGE</b>		
	<b>PORK</b>		
167495	IQF. FROZ. PORK 4s	12X1.13KG	£2.94
167509	IQF. FROZ. PORK 6s	12X1.13KG	£2.94
165212	IQF. FROZ. PORK 8s	12X1.13KG	£2.93
	<b>PORK &amp; BEEF</b>		
167665	IQF PORK & BEEF 4s	12X1.13KG	£2.68
167673	IQF PORK & BEEF 6's	12X1.13KG	£2.68
165263	IQF PORK & BEEF 8's	12X1.13KG	£2.69
165298	IQF PORK & BEEF 16's	12X1.13KG	£2.44
165395	IQF PORK & BEEF S/MEAT	8X1.36KG	£3.02

181005	KINGSIZER PORK & BEEF X 40	1	£11.50
	<b>BEEF</b>		
167584	IQF BEEF 4s	12X1.13KG	£2.41
165247	IQF BEEF 8's	12X1.13KG	£2.39
	<b>CHEFS CHOICE</b>		
167886	IQF CHEFS CHOICE 4s	12X1.13KG	£2.45
167894	IQF CHEFS CHOICE 6s	12X1.13KG	£2.45
165506	IQF CHEFS CHOICE 8s	12X1.13KG	£2.45
	<b>FARMHOUSE</b>		
167606	IQF FARMHOUSE 4s	12X1.13KG	£2.45
165107	IQF FARMHOUSE 8s	12X1.13KG	£2.45
165115	IQF FARMHOUSE 12s	12X1.13KG	£2.60
165123	IQF FARMHOUSE 16s	12X1.13KG	£2.60
	<b>CLASSIC CATERING</b>		
187712	IQF CLASSIC CATERING 4s	1X4.54KG	£7.49
187720	IQF CLASSIC CATERING 8s	1X4.54KG	£7.49
187780	IQF CLASSIC CATERING 6s	1X4.54KG	£7.49
	<b>REDUCED FAT</b>		
175692	IQF REDUCED FAT SAUSAGE 8s x 1.134kg	12	£2.86
175706	IQF REDUCED FAT SAUSAGE 16s x 1.134kg	12	£3.21
175687	IQF REDUCED FAT SAUSAGE 4's x 1.134kg	12	£2.86
	<b>OTHERS</b>		
187798	BIGFOOT SAUSAGE X 30	1	£14.42
	<b>HALAL SAUSAGE</b>		
161802	HALAL SAUSAGE 8s 4.54kg	1	£8.11
161810	HALAL CHICKEN SAUSAGE 8s 4.54kg	1	£8.34
161829	HALAL SAUSAGE 4s 4.54kg	1	£8.43
161837	HALAL CHICKEN SAUSAGE 4s 4.54kg	1	£8.34
	<b>BACON</b>		
	<b>CATERING PACKS</b>		
139270	PFS R/L BACK 2.25KG	4	£8.79
139289	PFS MIDDLE BACON 2.25KG	4	£8.93
139297	PFS R/L STREAKY 2.25KG	4	£7.42
139300	PFS SMOKED R/L BACK 2.25KG	4	£16.51
139319	GAMMON STEAKS 16X2X170GM	16	£2.01
174961	COOKED CRISPY BACON 1kg	6	£15.59
187682	MONARCH UPLANDS 2.25KG	4	£14.65
174491	CATERING BACON	4	£11.89
192374	SANDWICH BACON 2KG	4	£11.49
	<b>BURGERS</b>		
170046	CLASSIC CATERING BURGER 113.4gm	24	£6.76
170623	PRIME BURGER 113.4gm	24	£7.60
174538	VEGETABLE BURGER 113G	24	£8.71
170798	BURGER 90% FAST FOOD 113gm	24	£7.62
173460	BEEF BURGERS 100% 170GM	30	£16.58
170615	MUSHY PEA FRITTER 90gm	36	£9.83
192617	FEAST QUARTER POUNDER 1X6	6	£1.27
192625	FEAST BBQ RIB 1X6	6	£1.27
192633	FEASTERS CHICK SAND 1X6	6	£1.27
192641	FEASTERS HOT DOGS 1X8	8	£1.27
	<b>DAIRY</b>		
	<b>BLOCK CHEESE</b>		
143928	BLOCK CHEESE - MILD CHEDDAR	per kg	£3.99
155985	BLOCK CHEESE - MATURE PER/KG	per kg	£4.94
155993	BLOCK CHEESE - MILD COLOURED KG	per kg	£3.79
186082	GRATED COLOUR 10 X 1KG	10X1KG	£4.39
186074	GRATED MATURE CHEDDAR 10 X 1KG	10X1KG	£5.42
143960	GRATED MILD WHITE 10 X 1KG	10X1KG	£4.49
145696	GRATED MOZZARELLA 10X1KG	10X1KG	£4.99
143898	PROCESSED CHEESE SLICES X 112	8	£7.70

174440	MILD CHEDDAR WEDGES 200G	20	£1.31
174459	MILD COLOURED WEDGES 200G	20	£1.31
174467	MATURE WHITE WEDGES 200G	20	£1.60
174475	RED LEICESTER WEDGES 200G	20	£1.60
174483	DOUBLE GLOUCESTER WEDGES 200G	20	£1.60
143502	COTTAGE CHEESE 2 kg	1	£5.38
143510	FULL FAT SOFT CHEESE 2 kg	1	£7.28
160709	MEADOW CHURN BUTTER PORTIONS SIZE 7 X 100	5	£3.30
192650	SUMMER COUNTY SPREAD 6X2KG	6	£2.89
143219	SOFT MARGARINE 2kg	6	£2.99
145653	SUNFLOWER MARGARINE 2kg	6	£4.49
159727	BUTTER PORTIONS SIZE 7	6X100	£3.69
153583	UHT MILK PORTIONS 12MLX120	4	£2.85
153605	UHT LITE PORTIONS 12MLX120	4	£2.88
153613	UHT HALF CREAM PORTIONS 12MLX120	4	£3.48
153648	UHT WL CREAM PORTIONS 12MLX120	4	£3.95
155322	WHOLE MILK 1 PINT	1	£0.37
155330	SEMI SKIMMED POLY 1X2LTR	1	£1.69
155349	SEMI SKIMMED PERGAL 1X3GALLON	1	£7.81
155357	SEMI SKIMMED 1 PINT	1	£0.37
155373	SKIMMED MILK POLY 1 PINT	1	£0.35
173029	S/SKIM MILK POLY 9X1.136LT	9	£0.76
160784	WHOLE MILK 2LTR	1	£1.78
155608	WHOLE MILK PERGAL 1X3GALLON	1	£8.49
173193	WHOLE MILK 189ML	1	£0.19
173207	SEMI SKIMMED MILK 189ML	1	£0.20
173215	SKIMMED MILK 189ML	1	£0.19
155403	CREAM WHIPPING 1X2.272LTR	1	£4.19
155438	CREAM DOUBLE 1X2.27LTR	1	£4.81
155446	CREAM SINGLE 1X2.272 LTR	1	£3.08
145637	BOILED EGGS in Brine (Peeled) X 48	1	£6.56
145904	EGGS CATERING MEDIUM 5 Dozen	1	£5.99
145912	EGGS CATERING MEDIUM 6x30	6	£2.99
	<b>MILK DRINKS</b>		
155756	BREAKTIME BANANA 500ML	10	£0.50
155748	BREAKTIME STRAWBERRY 500ML	10	£0.50
155713	BREAKTIME CHOCOLATE 500ML	10	£0.50
192323	CMET CHOCOLATE 12X250ML	12	£0.84
192331	CMET MOCHOLATTE 12X250ML	12	£0.84
192340	CMET LATTE MACH'O 12X250ML	12	£0.84
189721	FRIJJ BANANA 6X500ML	6	£0.81
189730	FRIJJ STRAWBERRY 6X500ML	6	£0.81
	<b>COOKED MEATS</b>		
	<b>JOINTS</b>		
139033	JUBILEE HAM CRUMB HALF	3	£4.86
139262	JUBILEE HAM CRUMB WHOLE	3	£5.00
156930	JUBILEE HAM PLAIN WHOLE	3	£5.00
156949	JUBILEE HAM PLAIN Half	3	£4.86
185086	REGENCY HAM NBC WHOLE 100%	3	£5.00
136204	REGENCY HAM NBC HALF 100%	6	£4.86
185094	REGENCY HAM BC WHOLE 100%	3	£5.00
136158	ROAST PORK (PLAIN)100%	1	£6.26
136328	COOKED BEEF 80%	4	£8.45
136247	ROAST BEEF 100%	5	£10.21
141569	SUPERIOR TURKEY BREAST	2	£8.13
184675	100% H/Roast Ham Whole	1	£7.59
	<b>SLICED MEATS</b>		
173517	SLICED TRADITIONAL HAM 500GM	6	£3.49
173533	SLICED BEEF 500GM	6	£5.51
173525	SLICED SHOULDER 500GM	6	£3.02

173559	SLICED TURKEY 500GM	6	£4.52
173540	SLICED CORNED BEEF 500GM	6	£3.74
137219	JUBILEE HAM SLICED 1.36KG(NOM)	1	£6.77
189861	SLICED H/G HAM 1.5KG	6	£10.41
189799	SLICED 100% PORK 1KG	6	£7.57
189802	SLICED TRAD HAM 1KG	6	£7.09
189810	SLICED TRAD HAM B/C 1KG	6	£6.45
189829	SLICED H/G HAM 1KG	6	£7.09
189837	SLICED TURKEY 1KG	6	£9.40
189845	SLICED CHICKEN 100% 1KG	6	£7.12
189853	SLICED BEEF 1KG	6	£10.73
<b>SHAVED MEATS</b>			
<b>500GM</b>			
173622	SHAVED HAM	6	£3.55
173630	SHAVED SMOKED HAM	6	£3.55
173649	SHAVED BEEF	6	£4.52
173657	SHAVED CHICKEN	6	£2.94
173665	SHAVED TURKEY	6	£4.70
<b>SLEEVED PRODUCTS</b>			
141038	BLACK PUDDING RING x 454gm	18	£0.97
140783	BLACK PUDDING STICK x 1.36kg	8	£2.77
141348	DANISH SALAMI 1.81kg	6	£8.85
<b>POULTRY JOINTS/ROLLS</b>			
<b>COOKED/ROAST CHICKEN LEGS</b>			
181617	CHICKEN LEGS 283/340gm FROZ	4 x 8	£5.49
<b>COOKED/ROAST CHICKEN PORTIONS</b>			
181633	CHICKEN PORTIONS 255/312gm FROZ	4 x 8	£7.13
182540	CHICKEN PORTIONS 283/340gm FROZ	4 x 8	£8.98
<b>COOKED/ROAST CHICKEN BREASTS</b>			
182575	COOKED CHICKEN BREASTS 255-312GM	4X8	£10.54
182532	COOKED CHICKEN BREASTS 284-340GM	4X8	£11.89
<b>COOKED/ROAST CHICKEN HALVES</b>			
182834	COOKED HALF CHICKEN 454-567GM	4X5	£9.30
<b>COOKED/ROAST CHICKEN DRUMSTICKS</b>			
182885	ROAST CHICKEN DRUMSTICKS 57-85GM	2X20	£11.36
<b>FLAVOURED CHICKEN</b>			
179661	USA CHICK FILLETS4X24X90G	4	£11.83
179667	USA CHICK FILLETS4X20X120G	4	£13.25
189870	S/FRIED CHICKEN 120GM 4X2.5KG	4	£11.46
<b>BATTERED CHICKEN NUGGETS/STEAKS</b>			
171727	WHOLE MUSCLE CHICKEN NUGGETS 1KG	3	£5.83
182664	CHICKEN NUGGETS FROZ	3 x 2kg	£16.10
161543	CHICKEN BREAST STEAK 85gm	36	£22.39
<b>POULTRY JOINTS/ROLLS</b>			
185760	TURKEY BREAST -'ROAST IN BAG'	x 1	£18.22
151246	TURKEY STICKS X 115G	40	£30.45
<b>FROZEN CHICKEN</b>			
153516	PFS DICED CHICKEN 4X2.5KG	4	£11.59
153524	PFS STRIPPED CHICKEN 4X2.5KG	4	£11.59
181587	CHICKEN BREAST STEAK 85gm	32	£12.99
173720	CHICKEN BREAST 340-397GM 4X8	4	£12.49
<b>POTATOES</b>			
145866	JACKET POTATOES 280-375GM X 4	8	£2.07
170992	HASH BROWNS 1kg	10	£1.29
185825	TEXAN STYLE WEDGES X 2.5KG	4	£3.60
158836	SAUTE POTATO X 2.5KG	4	£3.63
161608	MASHED POTATO 2KG	6	£3.45
187488	Av S/String Fchil 5x2.5kg	5	£3.37
<b>CHIPS</b>			
143294	BRIGHT 14mm PAR-FRIED CHIPS 2 x 5kg	2	£6.80

171689	FROZEN CHIPS 9/16 x 2.5KG	4	£1.99
171697	FRESH CHILLED CHIP 7/16 x 2.5KG	4	£1.99
175595	SHOE STRING FRESH CHILLED x 2.5kg	4	£1.99
187496	STEAKHOUSE FRESH CHILLED x 2.5kg	5	£2.09
	<b>FROZEN VEGETABLES</b>		
150207	PEAS A GRADE X 2.5KG	4	£4.01
150274	BROCCOLI FLORETS 20/40 X 2.5KG	4	£4.29
150215	CORN KERNEL X2.5KG	4	£3.56
150258	CAULIFLOWER FLORETS X 2.5KG	4	£3.73
150266	MIXED VEGETABLES X 2.5KG	4	£3.20
150444	BUTTON SPROUTS X 2.5KG	4	£2.95
150452	WHOLE BABY CARROTS X 2.5KG	4	£3.13
159735	GREEN BEANS X 2.5KG	4	£3.07
185639	BATTERED ONION RINGS	24	£0.87
185620	CRISPY COATED MUSHROOMS	20	£1.73
185612	CRISPY COATED GARLIC MUSHROOMS	20	£1.90
	<b>OILS</b>		
143227	VEGETABLE OIL 20 lt	1	£27.05
	<b>DRESSINGS &amp; SAUCES</b>		
162973	REDUCED CALORIE MAYONNAISE x 10l	1	£11.29
162612	REDUCED CALORIE MAYONNAISE x 5ltr	1	£6.49
161268	PETERS REAL MAYONNAISE x 10ltr	1	£18.73
149144	SALAD CREAM SACHET	1X200	£4.88
149179	BROWN SAUCE SACHETS	1X200	£3.82
149152	TOMATO KETCHUP SACHETS	1X200	£3.95
149136	TARTARE SAUCE SACHETS	1X200	£5.24
149128	ENGLISH MUSTARD SACHET	1X400	£6.60
185205	MALT VINEGAR SACHET	1X200	£3.36
190845	HOT STUFF CHILLI SAUCE 2.5LTR	1	£6.79
190853	MINT SAUCE 2.5LTR	1	£5.87
174554	TOMATO KETCHUP100X26ML	1	£15.97
174562	HP BROWN SAUCE 100X26ML	1	£15.97
174570	SALAD CREAM 100X26ML	1	£15.97
174589	TARTARE SAUCE 100X26ML	1	£15.97
174597	MAYONNAISE 100X26ML	1	£15.97
	<b>MAYONNAISE</b>		
161772	THICK & CREAMY MAYONNAISE 5LTR	1	£7.09
161780	THICK & CREAMY MAYONNAISE 10LTR	1	£12.90
	<b>BAKERY PRODUCTS</b>		
170194	A4 SEEDED BURGER BUNS (4 x12)	4	£1.37
170240	M5 SEEDED BURGER BUN (6 x 8)	6	£1.48
170305	UNSEEDED BUNS MK4 4x12	4	£1.33
170569	(EURO) JUMBO HOT DOG ROLLS (8 x 6)	8	£1.02
170968	(EURO) FLOURED SANDWICH BAP x 48	1	£6.93
171166	AR6.5 S/S HOT DOG ROLL x 12	4	£1.16
179523	SUPER SUB ROLL X 6	8	£1.43
	<b>BAGUETTE PRODUCTS</b>		
150142	PDP CIABATTA 40x100g	1	£20.09
150150	PDP WHITE P/PAIN 110x50g	1	£16.94
150169	PDP WHITE BAGUETTE 30x200g	1	£14.41
150185	PDP WHITE BAGUETTE 15x400g	1	£12.80
153680	WHOLEMEAL DEMI BAGUETTE 125gm	50	£14.99
174546	WHOLEMEAL BAGUETTE 200gm	40	£20.87
153087	PDP PETIE PAIN 75x80g	1	£15.79
153125	PAIN DE PIERRE PANINI 110gm	60	£21.43
153656	WHITE DEMI BAGUETTINE 125g/29cm	50	£14.74
153672	WHITE DEJEUNETTE 100g/27cm	60	£14.98
153664	PDP FULLY BAKED HALF BAGUETTE 125GM	50	£16.82
179566	PART BAKED BAGUETTE 125gm	64	£12.99
174848	SESAMI PANINI 130gm	50	£28.23

<b>LONG LIFE SANDWICH FILLS X 1KG</b>			
174627	THAI CHICKEN X 1KG	6	£7.00
174635	MEXICAN CHICKEN X 1KG	6	£7.00
174643	CAJUN CHICKEN X 1KG	6	£7.00
174651	KENTUCKY BBQ CHICKEN X 1KG	6	£7.00
174660	CHICKEN MAYONNAISE X 1KG	6	£7.00
174678	CHICKEN TIKKA X 1KG	6	£7.00
174686	CORONATION CHICKEN X 1KG	6	£7.00
174694	LEMON CHICKEN X 1KG	6	£7.00
174708	LAMB & MINT X 1KG	6	£7.79
174716	HAM, CHEESE & PINEAPPLE X 1KG	6	£5.61
174724	VEGETABLE TIKKA X 1KG	6	£5.17
174732	CHEESE & SPRING ONION X 1KG	6	£5.47
174740	EGG & CRISPY BACON X 1KG	6	£5.68
174759	EGG MAYONNAISE X 1KG	6	£2.84
174775	CRAB SALAD X 1KG	6	£5.61
174791	TUNA MAYONNAISE X 1KG	6	£5.61
174619	PRAWN MAYONNAISE X 1KG	6	£9.11
174503	CHINESE CHICKEN X 1KG	6	£7.00
174798	STEAK, HONEY & MUSTARD 1KG	6	£7.94
<b>SANDWICH FILLINGS</b>			
<b>STANDARD RANGE</b>			
120006	CHICKEN MAYONNAISE X 1KG	1kg	£6.17
120022	CHICKEN AND SWEETCORN X 1KG	1kg	£6.17
120162	CORONATION CHICKEN X 1KG	1kg	£6.17
120308	SLICED CHICKEN TIKKA 1KG	1kg	£6.17
120472	CHICKEN AND BACON X 1KG	1kg	£6.17
120499	LEMON CHICKEN X 1KG	1kg	£6.17
121193	HAM CHEESE AND PINEAPPLE X 1KG	1kg	£6.56
121339	CHEESE AND SPRING ONION X 1KG	1kg	£5.23
121452	RED LEICESTER AND ONION X 1KG	1kg	£5.23
121614	EGG MAYONNAISE X 1KG	1kg	£3.05
121657	BIG BREAKFAST X 1KG	1kg	£5.63
122483	TUNA MAYONNAISE X 1KG	1kg	£4.92
122556	TUNA AND SWEETCORN X 1KG	1kg	£4.77
125539	SMOKEY JOE X 1KG (NEW!)	1kg	£7.27
125547	TURKEY CELEBRATION X 1KG (NEW!)	1kg	£8.20
125570	TUNA CHUNKS IN FOIL 1.02KG	10	£6.25
120553	VEG TIKKA 95% F/F X 1KG	1kg	£5.55
120103	DICED GARLIC CHICKEN X 1KG	1	£6.17
120340	MEXICAN CHICKEN X 1KG	1	£6.17
125596	JAMAICAN JERK 1KG	1	£7.73
125600	CHICKEN IN BBQ SAUCE 1KG	1	£6.64
125618	LAMB IN GREEN MINT DRESSING 1KG	1	£9.30
125626	CRAB & PRAWN 1KG	1	£7.03
193621	CRAB FLAVOUR X 1KG	1	£5.94
193630	LEMON PEPPER CHICKEN	1	£7.73
193648	SPICY BBQ BEEF X 1KG	1	£8.20
193656	CHARSUI PORK X 1KG	1	£8.28
193664	CHICKEN KORMA 1KG	1	£6.17
193672	SPICY CHILLI CHEESE 1KG	1	£5.70
193680	FIRECRACKER CHICKEN 1KG	1	£6.64
193692	TURKEY JALFREZI	1	£8.20
193702	DRY CHICKEN TIKKA 1KG	1	£7.34
193710	ROAST SLICED CHICKEN X 1KG	1	£6.41
<b>QUALITY RANGE</b>			
120065	CHICKEN SAGE&ONION 1KG	1kg	£6.17
120243	BBQ CHICKEN 1KG	1kg	£6.17
120286	CREAMY CHICKEN TIKKA X 1KG	1kg	£6.17
125555	CAESAR CHICKEN X1KG (NEW!)	1kg	£6.17

125563	HONEY CHILLI CHICKEN X1KG (NEW!)	1kg	£6.64
120200	CHICKEN BALTI X 1KG	1kg	£6.17
120367	CHINESE CHICKEN X 1KG	1kg	£6.17
120863	SMOKED SALMON & LEMON MAYONNAISE 1KG	1kg	£8.20
121116	LAMB AND MINT X1KG	1kg	£8.44
121533	EMMENTAL & BACON 1KG	1kg	£7.73
122424	PRAWN MAYONNAISE X1KG	1kg	£8.20
122599	OCEAN FLAKES & MAYOX1KG	1kg	£5.94
125172	OCEAN MIX MARIE ROSE 1KG	1kg	£7.73
189756	MOZZ, PEP & JAL PEPPERS	1kg	£8.20
189764	SPICY MEATBALLS IN SALSA	1kg	£6.64
125588	INSAUCE HOISIN DUCK 1KG	1kg	£9.30
	<b>MARINATED MEATS</b>		
122238	CHICKEN TIKKA MASALA 1KG	1kg	£6.64
122246	RED THAI CHICKEN 1KG	1kg	£6.64
122270	CHINESE CHICKEN X 1KG	1kg	£6.64
122297	ITALIAN CHICKEN 1KG	1kg	£6.64
189950	CAJUN CHICKEN X 1KG	1kg	£7.73
	<b>SALADS</b>		
123706	BEETROOT SALAD X2KG	2kg	£5.94
123838	COUS COUS X 2KG	2kg	£4.92
123683	FLORIDA SALAD X2KG	2kg	£6.56
123803	INDIAN RICE X 2KG	2kg	£3.98
123722	MUSHROOM ITALIAN X2KG	2kg	£6.80
123846	PASTA & VEG 2KG	2kg	£4.53
123692	PASTA ITALIENNE X2KG	2kg	£3.67
123765	RUSSIAN SALAD X2KG	2kg	£4.14
123757	SALAD CELERY & NUT X2KG	2kg	£5.88
163023	SALAD HUMOUS X 2K	2kg	£6.17
163635	SALAD TARAMASALATA X 2K	2kg	£6.25
144738	SALADS COLESLAW 1X2KG	2kg	£2.97
144703	SALADS POTATO 1X2KG	2kg	£3.72
123749	SPANISH SALAD X2KG	2kg	£5.08
123714	THREE BEAN SALAD 2KG	2kg	£4.53
123676	GREEK SALAD 2KG	1	£9.45
123773	HAM & PASTA 2KG	1	£4.53
	<b>REDUCED CALORIE SANDWICH FILLINGS</b>		
188385	CHICKEN MAYO 1KG	1	£6.41
188393	CHICK & SWEETCORN X 1KG	1	£6.41
188407	CHICKEN & BACON X 1KG	1	£6.41
188415	CORONATION CHICK X 1KG	1	£6.41
188423	CHINESE CHICKEN X 1KG	1	£6.41
188431	CHICKEN TIKKA X 1KG	1	£6.64
188440	EGG MAYONNAISE X 1KG	1	£3.59
188458	MIX CHEESE & ONIONX1KG	1	£5.47
188466	TUNA MAYONNAISE X 1KG	1	£5.00
188474	TUNA & SWEETCORN X 1KG	1	£5.00
188482	TUNA SAVOURY X 1KG	1	£5.00
188490	CRAB FLAVOURED SALAD X 1KG	1	£6.02
188504	POACH SALMON MAYO X 1KG	1	£9.30
188512	PRAWN MAYONNAISE X 1KG	1	£8.59
188520	PRAWN MARIE ROSE X 1KG	1	£8.59
188539	CRAYFISH & PRAWN X 1KG	1	£9.69
	<b>LOW FAT SANDWICH FILLINGS</b>		
188547	CHICK THAI SAUCE X 1KG	1	£6.64
188555	CHICK PROVENCE X 1KG	1	£6.64
188563	H/CHILLI CHICK X 1KG	1	£6.64
188571	F/CRACKER CHICK X 1KG	1	£6.64
188580	ITALIAN CHICKEN 1KG	1	£6.64
188598	CHICK BBQ SAUCE X 1KG	1	£6.64

188601	SPICY BBQ BEEF X 1KG	1	£7.73
188612	BEEF CHILLI SAUCE X 1KG	1	£8.20
188628	FAJITA BEEF X 1KG	1	£8.20
188636	HOUMOUS TOMATO & ONION 1KG	1	£4.61
188644	MEXI CHILLI TUNA X 1KG	1	£5.23
188652	MEDITERRANEAN TUNA 1KG	1	£5.23
189942	ROSEMARY & GARLIC CHICKEN X 1KG	1	£7.73
	<b>QUICHE</b>		
179726	CHEESE & ONION	1	£7.19
179670	STILTON & CELERY	1	£7.19
179688	SPANISH	1	£7.19
179696	MUSHROOM	1	£7.19
179700	BROCCOLI	1	£7.19
179742	LORRAINE	1	£7.19
179718	SPRING VEG	1	£7.19
179769	SMOKED SALMON	1	£7.19
179750	VEGE-CHEESE & TOMATO	1	£7.19
179813	ROAST PEPPER & PARMESAN	1	£7.19
179777	CHEESE&ONION QUICHE 16X2"	1	£6.49
179785	QUICHE LORRAINE 16X2"	1	£6.49
179793	SPINACH&FETA QUICHE 16X2"	1	£6.49
179807	TOMATO&BASIL QUICHE 16X2"	1	£6.49
	<b>COLD CUTTING PIES</b>		
141402	PORK & TURKEY ROUND LARGE	1	£12.31
141429	PLOUGHMANS PIE	1	£12.34
141380	GALA PIE GIANT (WITH EGG)	1	£12.17
141399	GALA PIE GIANT (NO EGG)	1	£12.17
164402	HUNTSMANS PIE X 1	1	£11.84
164372	HARVESTERS PIE X 1	1	£11.84
164399	COACHMANS PIE X 1	1	£11.84
	<b>TINNED PRODUCTS</b>		
144002	S.AMERICAN CORNED BEEF (2.72kg TIN)	6	£12.10
144045	LUNCHEON MEAT (1.81kg TIN)	6	£6.85
144150	TUNA CHUNKS (BRINE) 1.88kg	6	£5.89
144398	BAKED BEANS 2.60kg	6	£1.94
144673	ITALIAN PEELED PLUM TOMATOES 2.60kg	6	£2.59
145815	ITALIAN CHOPPED TOMATOES 2.60kg	6	£2.59
145920	SLICED MUSHROOMS 2.5kg	6	£4.30
149810	MUSHY PEAS 2.55kg	6	£3.21
149799	SWEETCORN 2.55kg	6	£3.49
	<b>SEAFOOD</b>		
180092	FISH CAKES (85gm)	36	£6.26
180696	FISH CAKES - JUMBO (113gm)	24	£5.29
192595	REFORMED SCAMPI X 450GM	10	£3.01
172944	WHOLETAIL SCAMPI X 454GM	10	£4.35
172952	PRAWN 150/200 10% X 2.5KG	4	£17.95
172960	PRAWN 150/200 15% X 2.5KG	4	£13.95
186880	FISH CAKES(SEACHEF)36X	1	£5.66
186899	FISH CAKES(SEACHEF)30X	1	£6.78
	<b>ETHNIC PRODUCTS</b>		
180203	SAVOURY SPRING ROLL (10) 90gm	4	£10.28
180238	CURRY SPRING ROLL (10) 90gm	4	£10.28
180777	CHINESE SPRING ROLL (10) 90gm	4	£11.48
180254	VEGETABLE SPRING ROLL (10) 90gm	4	£11.48
186759	CHINESE SPRING ROLLS 24X150G	24	£9.13
186767	CURRY SPRING ROLL 24X150G	24	£9.13
186775	MIXED VEG SPRING ROLLS X24	24	£9.13
180963	ONION BHAJI 35gm	50	£12.00
180890	MINI VEG INDIAN SELECTION	40	£13.58
180890	MINI VEG INDIAN SELECTION		£13.58

180270	Vegetable Samosas x40	1	£11.99
180947	Froz Veg Samosa 1 x 80 x 30gm	1	£14.91
<b>SCOTTISH PRODUCTS</b>			
168416	SCOTCH PIES LOOSE	36	£10.40
162965	MCKECHNIE ECONOMY LORNE 1.69kg	10	£2.35
164070	MCKECHNIE HAGGIS SLICING 1.36kg	10	£2.65
<b>FRUIT DRINKS</b>			
156256	APPLE JUICE 1LTR	12	£0.59
156264	ORANGE JUICE 1LTR	12	£0.56
189381	MR JUICY ORANGE 200ml	24	£0.37
189390	MR JUICY APPLE 200ml	24	£0.37
189403	MR JUICY PINEAPPLE 200ml	24	£0.35
<b>JUICE BURSTS</b>			
188792	J/B ORANGE 12X500ML	12	£0.68
188660	J/B TROPICAL 12X500ML	12	£0.72
188679	J/B APPLE 12X500ML	12	£0.73
188687	J/B BLACKCURRANT 12X500ML	12	£0.75
188695	J/B BLOOD ORANGE 12X500ML	12	£0.75
188709	J/B CITRUS&STRAW 12X500ML	12	£0.75
188717	J/B ORANGE&CARROT 12X500ML	12	£0.75
188725	J/B MANGO 12X500ML	12	£0.75
188733	J/B PINEAPPLE 12X500ML	12	£0.75
188741	J/B CRANBERRY 12X500ML	12	£0.97
188750	J/B PINK G/FRUIT 12X500ML	12	£0.83
188768	J/B POMEGRANATE 12X500	12	£0.83
<b>WATER</b>			
156108	STILL MINERAL WATER 24X500ML	24	£0.18
156116	STILL WATER 1.5LTR	12	£0.36
172324	SPORTS CAP WATER 24X500M.	24	£0.18
156124	SPARKLING MINERAL WATER 24X500ML	24	£0.18
<b>FLAVOURED WATER</b>			
173363	FOREST FRUITS 500ML	24	£0.22
173370	LEMON & LIME 500ML	24	£0.22
173398	PEACH 500ML	24	£0.22
156990	STRAWBERRY & APPLE STILL 500ML	24	£0.29
157007	CITRUS STILL 500ML	24	£0.29
157015	PEACH & ORANGE STILL 500GM	24	£0.29
160172	Still Water 6x1.5ltr (SW)	6	£0.36
<b>CAKES &amp; DESSERTS</b>			
188379	SUPER APPLE RONDO 75GM	24	£0.28
152048	ALMOND FINGERS 2PACK	24	£0.22
151920	RASPBERRY FLAPJACKS 1X12	12	£0.31
151939	PLAIN FLAPJACKS X 12	12	£0.31
151955	CHOCOLATE CHIP FLAPJACKS 1X12	12	£0.31
151963	CARAMEL SHORTCAKE 1X12	12	£0.46
151998	CHOCOLATE FUDGE BROWNIE 1X12	12	£0.37
152001	BUTTER FLAPJACKS 1X12	12	£0.31
152013	BUTTER FRUIT FLAPJACKS 1X12	12	£0.31
179558	SKINNY BAKED DONUTS X 12	6	£2.90
141658	CHOCOLATE CHIP COOKIES 60g	20	£0.34
141666	OATRAISIN COOKIEIES 60g	20	£0.34
141674	DOUBLE CHOCOLATECHIP COOKIES 60g	20	£0.34
141680	CHERRY & ALMOND COOKIES 60g	20	£0.34
141690	RAINBOW COOKIE 60g	20	£0.35
141704	CHOCOLATE CHIP MUFFINS 110g	20	£0.42
141710	TOFFEE MUFFINS 110g	20	£0.42
141720	CHERRY MUFFINS 110g	20	£0.42
141739	BLUEBERRY MUFFINS 110g	20	£0.42
141747	CHOCOLATE CARAMEL MUFFIN 110g	20	£0.42
141755	MONSTER CHOCOLATE	20	£0.46

141763	MONSTER WHITE CHOCOLATE	20	£0.46
141798	CAPPUCCINO MUFFIN	20	£0.46
141828	BANOFFEE MUFFIN	20	£0.46
141836	JELLY JAFFA MUFFIN	20	£0.46
141844	BLACK FOREST MUFFIN	20	£0.46
141852	CARROT CAKE SLICE	18	£0.47
141860	CHOCOLATE FUDGE CAKE SLICE	18	£0.47
141879	TOFFEE CAKE SLICE	18	£0.47
141887	LEMON CAKE SLICE	18	£0.47
189411	JAM COCONUT RINGS	24	£0.39
189420	CHOCOLATE MACAROONS	20	£0.39
174289	FLAPJACK	1	£3.83
174297	CARAMEL SHORTCAKE	1	£3.83
174300	BAKEWELL TART	1	£3.83
174319	CHOC BROWNIE	1	£4.67
174327	CHOCOLATE SPONGE	1	£3.83
174335	CARROT CAKE	1	£4.67
192668	WELSH CAKES X 6	20	£1.18
192676	JAM WELSH CAKES X 6	20	£1.21
	<b>FISH</b>		
189322	SKINLESS COD 8-16OZ X 15LBS	3	£94.29
189330	SKINLESS COD 16-32OZ X 15LBS	3	£94.29
189357	SKIN-ON COD 16-32OZ X 15LBS	3	£88.09
189349	SKIN-ON COD 8-16OZ X 15LBS	3	£88.09